

WEEK 10 & 11

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# PASSPORT TO SIXTH FORM











WATCH THE VIDEO ON THE BENEFITS OF EXTRA-CURRICULAR OPPORTUNITIES

VIMEO CHANNEL CAN ALSO BE FOUND HERE

https://vimeo.com/showcase/7013773

Enter your **PASSWORD** provided by your school/college

### THE BENEFITS OF EXTRA-CURRICULAR ACTIVITES KEY POINTS:

Extra-curricular engagement sets you apart from others

Find opportunities both inside school/college as well as outside

Extra-curricular activities can boost your confidence

Extra-curricular activities develop transferable skills employers need

Debating can help with studies through logical thinking skills

Duke of Edinburgh Gold Award - get a sense of what you can achieve



## THE BENEFITS OF EXTRA-CURRICULAR ACTIVITES KEY POINTS:

Volunteering gives to others but also develops you, too

Don't just study: value personal growth through engaging with people

Don't just study: develop employability skills that will help you get a job

Spot opportunities: be on the look-out

Seize opportunities: respond quickly, reply straight-away

Create opportunities: consider setting up activities if they don't exist



#### TASK 1

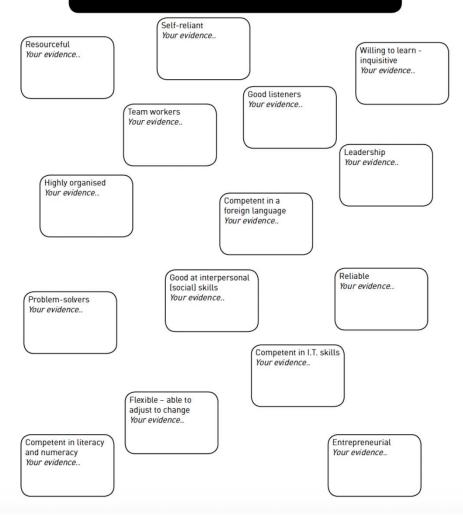
Write out what evidence you have NOW to demonstrate the skills employers want

#### YOUR TASK

Of the following characteristics that employers desire:

1. Tick which ones you believe you possess.

2. Write down in each box that you tick, the evidence that you have developed each characteristic or will develop by undertaking a particular activity such as Duke of Edinburgh.



# For the skills you have no <u>evidence</u> for, how will you show them?

Skill you have no evidence to write down	What can you do?



Week 10: Use a Time ar what students say about

# Watch the second video on time management



#### 'Pick your grade'



































How much time are you willing to
commit to studying outside lessons?

HOURS PER WEEK	GRADE	TICK YOUR PREFERENCE
5 HOURS	U/E	
One hour per day Mon-Friday		
& nothing the weekend	BTEC Fail	
10 HOURS	D	
One and half hours per day Mon-Friday		
& 2-3 hours at the weekend	BTEC Pass	
15 HOURS	С	
Two hours per day Mon-Friday		
& 5 hours at the weekend	BTEC Pass	
20 HOURS	В	
Three hours per day Mon-Friday		
& 5 hours at the weekend	BTEC Merit	
25 HOURS	A/A*	
Four hours per day Mon-Friday		
& 5 hours at the weekend	BTEC Distinction	

# Design a study schedule that could help you achieve 20+ hours of independent study rime

CREATE A STUDY SCHEDULE: LEARNING TASK  Identify the times when you will undertake independent study using the schedule below.						
SCHOOL	АМ	AFTERNOON	EVENING	TOTAL		
MONDAYS						
TUESDAYS						
WEDNESDAYS						
THURSDAYS						
FRIDAYS						
SATURDAYS						
SUNDAYS						
TOTAL				AIM: 22 HOURS		



Good luck with your sixth form experience: work hard and enjoy it.