# TRANSITION FROM YEAR 11 TO SIXTH FORM

### FRIDAY 15TH MAY 2020 -ISSUE 3



### **#STAYSAFE**

Hello all, welcome to issue 3.

I hope you had a pleasant Bank Holiday weekend despite the inevitable restrictions. Over the last few weeks, Spring has sprung and new routines have been formed. We have taken on new projects and tried to learn new skills. We have had time to reflect and evaluate, take stock and plan the best we can for the times ahead.

I have enjoyed stopping once in a while to smell the roses, admire the tulips and listen to the morning birdsong chorus. When I have time in the evening and at weekends I try to work on the allotment, try new recipes in the kitchen and catch up with pending DIY jobs. I try and sometimes not very successfully! I am always reminded that it is the taking part that matters. Muhamed Ali, the famous boxer, once said 'Don't count the days but make the days count'.

How very apt for this time.

### TRIVIA - FACTS ABOUT THE MONTH OF MAY

### SYMBOLS OF MAY

Birthstone: Emerald Flower: Lily of the Valley Zodiac signs: Taurus and Gemini

### MAY IN OTHER LANGUAGES

- Chinese (Mandarin) wuyuè
- Danish maj
- French mai
- Italian maggio
- Latin Maius
- Spanish mayo





## HISTORY

The month of May was named for the Greek goddess Maia. The Romans called the month Maius. The name changed over the years. It was first called May in the 1400s near the end of the Middle Ages.

## FUN FACTS ABOUT MAY

- It is the third and last month of the season of spring.
- The birthstone of May, the emerald, symbolizes success and love.
- May in the Northern Hemisphere is similar to November in the Southern Hemisphere.
- May was once considered a bad luck month to get married. There is a poem that says "Marry in May and you'll rue the day".
- In Old English May is called the "month of three milkings" referring to a time when the cows could be milked three times a day.
- The United Kingdom celebrates May as the National Smile Month.
- The last week of May is Library and Information Week.

## JOKE OF THE WEEK

I'm not very competitive and I'll be the first to admit it!

HAAHA

(For those who are doing the couch to 5K)

## A MESSAGE FROM - JACK - YEAR 13-Former president of the **student** Union

#### Hi Everyone!

I'm sure you're sick to death about being told how unprecedented these times are, I know I am, but it really has to be said. With that in mind, I'm sure you've found new hobbies and interests to fill up the idle time, for instance I'm teaching myself some basic Japanese, quizzing (Michael Barrymore's Strike It Lucky on Instagram each day at 6pm is a personal highlight), resurrecting our overgrown garden and learning to cook for uni (no food poisoning or fires yet, I'm glad to say).

Anyway, whilst it's inevitable that the only time we get good weather is when we're in lockdown, try to take advantage of the sun and get some exercise in as well. I for one unearthed my old bike from the garage and I actually forgot how nice it is to go for a ride - even if cycling uphill with two full bags of shopping is quite a challenge to say the least.

Most importantly, whilst we need to self-isolate physically, we don't have to verbally. Make sure you stay in touch with friends, family members and neighbours, especially if they live alone. A phone call or a message really does go a long way in these difficult times.

Naturally, life right now isn't perfect but I'm sure that when it's all over we won't focus on the panic buying or the distributing of testing kits. Instead, we'll see it as that time when Captain Tom Moore managed to raise over £30,000,000 and topped the charts in the process, when a politically divided nation came together to applaud our healthcare service, and when we all achieved our own unique goals.

But until then, さようなら (goodbye) and stay safe!

Jack

## SUBJECT TRANSITION TASKS, INDUCTION AND RESULTS DAY.

At the end of this half term, we are launching tasks from each subject to help you prepare for sixth form study. Details will follow in next week's bulletin.

Please use out sixth form website for current transition and super-curricular opportunities.

Once we are directed by the government, we will be able to share information about our Induction day. We will keep you informed.

GCSE Results day has been confirmed as **Thursday 20th August 2020.** Enrolment to our sixth form will be on the same day and on the following day.

## WHAT CAN YOU DO NOW?

### NetSixthForm

It would be really beneficial for you to invest some time on these weekly tasks to fully prepare you for sixth form.

Year 11 Vimeo channel link is **https://vimeo.com/showcase/7013773** Year 11 student password is **netsixth11** 

Use the attached document to support the week 3 task – Planning for Future Pathways

## USEFUL LINKS TO SUPPORT YOUR HEALTH & WELLBEING



NHS mindfulness - <u>https://www.nhs.uk/conditions/stress-anxiety-</u> <u>depression/mindfulness/</u>

NHS exercise <u>- https://www.nhs.uk/live-well/exercise/</u>

## YEAR 11 - GET READY FOR SIXTH FORM -WIDER READING

Check out this link to 408 university textbooks to download for FREE during the closure - <u>Click here</u>



### LOOK OUT FOR ISSUE 4 NEXT FRIDAY,

Please contact me on sixthform@highamlaneschool.co.uk if you have any questions.

Till next week - stay safe.

Mr Hanif Ladha Assistant Headteacher – Head of Sixth Form

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