

**Personal Development Overview 2023-24**

Date		Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year13
6 Sept	A	Intro into CPSHE	Health & Well Being	Conspiracy Theories & extremist narratives		- Time Management		Welcome from MG
13 Sept	B	getting to know people	What is mental health?		Critical thinking & fake news		Rewards launch, EDGE	Rewards launch, EDGE
20 Sept	A	What is community?	Positive Body Image	Extremism		LGBT Rights across the world		
27 Sept	B	Financial Education	Healthy Eating & Cholesterol		What is a cult?		SU election	revision
4 Oct	A	Careers & Your Future	Child Abuse	What is terrorism		Exam Stress & Relaxation		
11 Oct	B	Transition Points in your Life	Stress Management part 1		Exploring Britishness & British values		Work place social media	Online safety
18 Oct	A	Sleep & Relaxation	Types of Bullying	Proud to be British		Insta Life vs Real Life		
25 Oct	B				LGBT Rights & British Values		Gangs + WEX launch	Work place social media
8 Nov	A	Avoiding Gangs	Online Safety – Cyber Bullying	Introduction to drugs/ Different types of addictions		Post 16 Options		
15 Nov	B	Staying safe Online	Substance Misuse		CSE/Child Abuse		Sexual health	Sexual health
22 Nov	A	Online gaming & Fortnite	Drugs Alcohol Safety	Drugs – cannabis products		Peer on peer bullying		
29 Nov	B	What is alcohol?	- LGBT what is it?		Screen time & safe use mobiles		Safeguarding assembly	Rotation 1 & 2
6 Dec	A	What is smoking?	Homophobia in school & society/ Supporting those that are LGBT	Drug Classifications		Respect & relationships		
13 Dec	B	Cigs, vaping & Sisha	Coming Out		Common types of mental health		Christmas quiz	Christmas quiz
20 Dec	A	<u>Energy drinks &amp; Caffeine</u>	Challenging homophobia/ Transphobia	Party Drugs/ Illegal Drugs		Alcohol & bad choices		
3 Jan	B	Consent & boundaries	Careers 1		Self-harm/suicide			
10 Jan	A	Respect & relationships	Careers 2	Self-esteem changes		Fertility & what impacts it	Rotation 1/2	revision
17 Jan	B	What makes a good friend	Careers 3		Promoting emotional well being			
24 Jan	A	Friendships & managing them	Careers 4	HBT Bullying in all forms		Parenthood	Rotation 3/4	Driving awareness
31 Jan	B	Being positive	Careers 5		Sexting, nudes & dick pics			
7 Feb	A	Pressure & influence	Careers 6	Cancer prevention – Healthy Lifestyles		Teenage Pregnancy advice	Driving awareness	Student finance
21 Feb	B	Multi Cultural Britain	Employability skills Practice		Porn lesson 1			
28 Feb	A	What is your identity?	Proud to be me - careers	HIV & AIDS		Abortion laws, morals & ethics	Rotation 5/6	First aid/water safety
6 March	B	Nature vs Nurture	Career interests and job ideas		Porn Lesson 2			
13 March	A	The Equality Act 2010	Self esteem & the media	AIDS prejudice & discrimination		Importance of sexual health	Revision techniques	Rotation 3
20 March	B	Prejudice & Discrimination			Domestic Abuse & Violence			
10 Apr	A	Introduction to puberty	Yr 9 - conspiracy theories and extremist narratives	Sexual harassment & stalking		Revisit contraception & STI's	Revision	First aid/water safety
17 Apr	B	Puberty girls Focus	Yr 9 Extremism		Relationships, sexual abuse & rape			
24 Apr	A	Puberty Boys focus	Yr 9 – What is terrorism?	Sexual consent & the law		Respect & relationships	Personal Statements	Rotation 4 & 5
1 May	B	Puberty – personal Hygiene	Yr 9 – Proud to be British		Honour based Violence			
8 May	A	Assertive Consent	Yr 9 – the radicalization process	FGM & the Law		Drugs NPS	Trial reflections	Revision
15 May	B	Growing Up & FGM	Yr 9 - Counter terrorism		Forced marriages			
22 May	A	Self esteem	Yr 9 – Anti Semitism	Delaying sexual activity		Festivals & drugs & nitrous oxide	UCAS etc	
5 June	B	Careers 1	Intro to RSE		Social Media Validation			
12 June	A	Careers 2	Healthy relationships	Why have sex?			UCAS etc	
19 June	B	Careers 3	Dealing with conflict		Modern day Slavery			
26 June	A	Careers 4	Sexual orientation	Relationships & partners			Work Experience	
3 July	B	Careers 5	Gender Identity		Cause of Knife Crime			
10 July	A	Careers 6	Introduction to Contraception	Pleasure & masturbation			Year 12 Celebration	
17 July	B	Careers 7	Periods & Menstrual cycle		On line Gambling			