



Challenging Homophobia



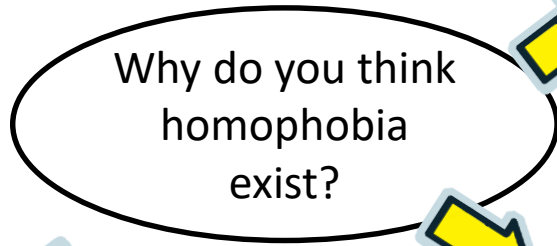
LEARNING OUTCOMES

Knowledge, Skills & Actions

To explore why homophobia exists

To explore how to assertively challenge homophobic language and phrases in school and everyday life

To understand how to handle difficult people and uncomfortable conversations



3 Minutes

New Vocabulary
Passive, Assertive, Aggressive, Homophobia



STARTER ACTIVITY

Complete the mindmap above and then circle the three main reasons.
Change pen colour and come up with a solution to dealing with each cause of homophobia



Challenging Homophobia



ASSESSMENT FOR LEARNING

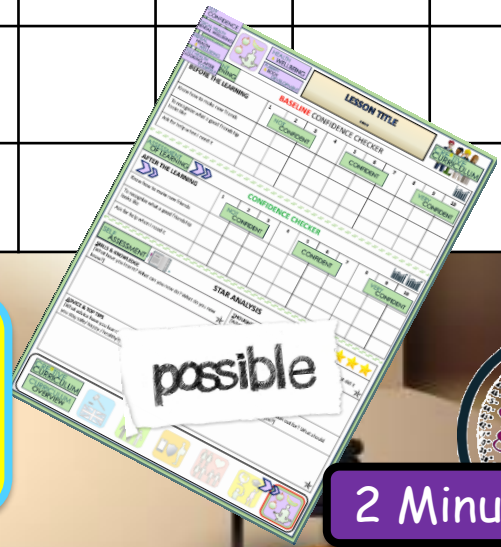
BASELINE CONFIDENCE CHECKER



BEFORE THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
I can recognise passive, assertive and aggressive communication styles										
I know how to be assertive with someone										
I feel well equipped to challenge homophobic when I see it in school										



Complete a baseline assessment of where you think you are at for this lesson
(Discussion or complete sheet)



2 Minutes



	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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SORTING ACTIVITY

Match the key word with its correct meaning

Passive

Standing up for yourself whilst also respecting the other person and their point of view.

A

Aggressive

Standing up for yourself but not respecting the other person and being confrontational with them.

B

Assertive

Not standing up for yourself and showing sarcasm in your response or talking behind someone's back

C

**Passive
Aggressive**

Allow things to happen and don't speak up for fear of being disliked, being put down or made fun of. Allowing someone to pass right over you

D



TASK OR CHALLENGE

TASK

Tell the person next to you a time when you have responded in each way

CHALLENGE

Think about which of these are appropriate ways to deal with homophobic comments


Identify the type of communication style used in each of these responses

Ok, thanks for that I wanted to have messy hair today

Why did you do that, you homophobic snake?! Come over here and try that again!

He probably didn't mean it. I'm sure it was a mistake

I didn't like that, can I ask why you've just done that and what my sexuality has to do with it?



Oi You! Gay Boy! Take that!

PASSIVE

**PASSIVE
AGGRESSIVE**

AGGRESSIVE

ASSERTIVE

Identify the type of communication style used in each of these responses

Ok I will stop now but only because your attitude has put me off right off.

I'm so sorry it offends you. We will leave now.

Can I ask why you find it disgusting? As I find that term very offensive. Also, who I'm dating is nobody else's business other than mine.

I tell you what is disgusting, your personality, the way you were brought up, and I'm sure no girl would ever want to look at you, let alone kiss you.



That's disgusting. I don't ever want to see that. I bet it's because you can't get a boyfriend!

PASSIVE

**PASSIVE
AGGRESSIVE**

AGGRESSIVE

ASSERTIVE

IS HOMOPHOBIC LANGUAGE & HOMOPHOBIC ABUSE THE SAME THING?

Homophobic language comes in many different forms. Some of the time it is used unconsciously and without hurtful intent with no conscious link to someone's sexuality and other times its used deliberately to cause offense.

This is where students may be substituting the word 'rubbish' with the word 'gay' to describe an activity, event or object. E.G "Those trainers are so gay" or "this lesson is so Gay".

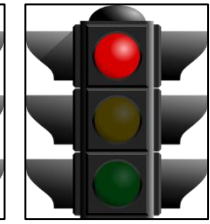
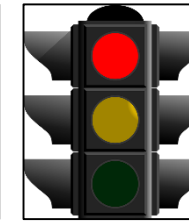
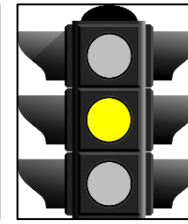
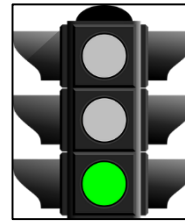
This can be very offensive as you are basically saying that something that is gay is rubbish by associating the two words and using them in every day language by interchanging one with the other you are unknowingly (or knowingly) causing offence to others especially those from the LGBTQA+ community and those that support it (Allies)

While some language is clearly homophobic, in other cases it can sometimes be difficult to know what counts as homophobic language. Common sense and context needs to be applied.

Research shows 99% of young gay students here casual homophobic language day to day in schools

Homophobic abuse is homophobic language specifically directed at gay people. This includes words such as 'queer', 'poof', 'fag', 'faggot', 'dyke' and 'lezza'.

IS THIS OK? WHY IS THIS NOT OK?

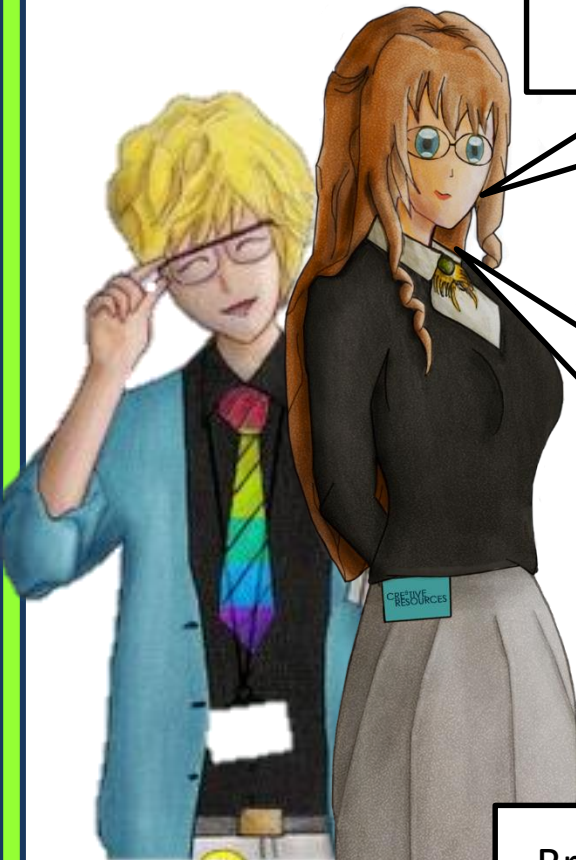


Hey Tony, how are you?

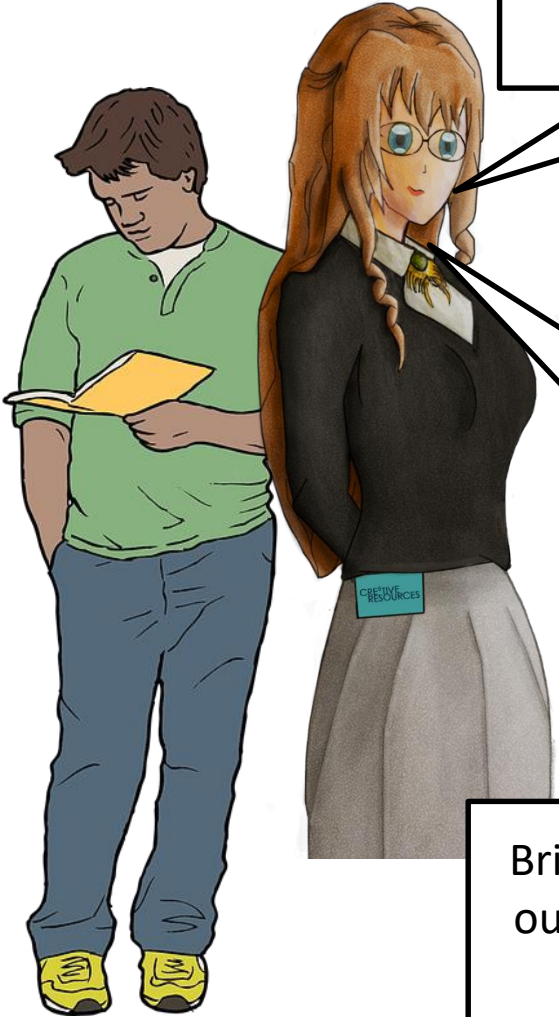
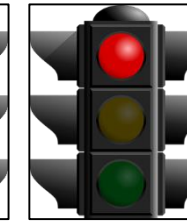
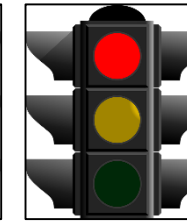
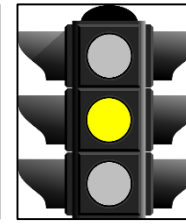
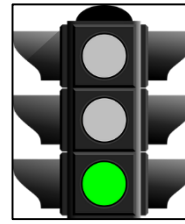
I'm great Sarah who is that you have brought with you?

This is Sam, he is my new gay best friend!

Brilliant! The more the merrier shall we get our shoes ready as the bowling starts in 10 minutes?



**WHAT ABOUT THIS?
IS IT OK? WHY IS IT NOT OK?**



Hey Tony, How are you?

I'm great Sarah who is that you have brought with you?

This is Sam, he is my black best friend!

Brilliant! The more the merrier shall we get our shoes ready as the bowling starts in 10 minutes?



DIFFICULT AND UNCOMFORTABLE CONVERSATIONS



“Who is the man and who is the woman in the relationship?”

**BEING ASSERTIVE WITH
SOMEONE WHO FEEL THE NEED
TO CHALLENGE YOUR SEXUALITY**

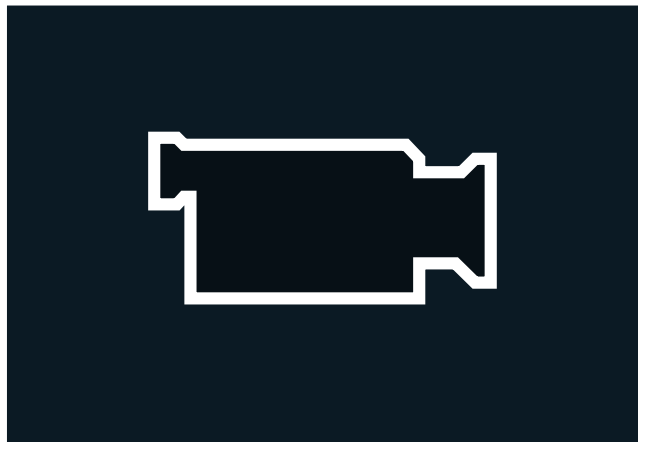
“Its called equality and thankfully we live in an open and inclusive society where equality is promoted and accepted”

“But the Bible says that homosexuality is a sin in Leviticus it refers to it as an abomination!”

“The bible also says that tattoos, getting drunk, being jealous and eating pork is a sin but nobody is having a go at you for that. Also Jesus himself has said nothing against it as the words in the bible you refer to were mans words not Gods ”



DOES SOCIETY CARE ABOUT HOMOPHOBIA?



Social Experiment:
(Fictional situation applied to real people who are unaware they are being filmed to see their reactions)
Task: Pick two colour and answer all the Questions



3 swear words used



What thinking is needed? Next steps? Where are we now?

What is wrong? Is it safe? Can it be done?

THINKING

JUDGEMENT



What facts do I know? What else do I need to know? What do I want to know?

How do I feel about this? What don't I like about this? What do I like about this?

What are the positives we can take? why can this be done? How can we build on this?

Can something be done? New ideas? What are the solutions/suggestions?

INFORMATION

FEELINGS

BENEFITS

CREATIVITY

THINKING
HATS

CHALLENGING DIFFICULT PEOPLE WHO QUESTION YOUR SEXUALITY



“Isn’t being gay just a phase? You will grow out of it soon or get bored..”

COME UP WITH AN ASSERTIVE RESPONSE

“

”

“You are willing to let your parents down? Don’t they want grandchildren?”

“

”



LGBT+ ACTIVITY

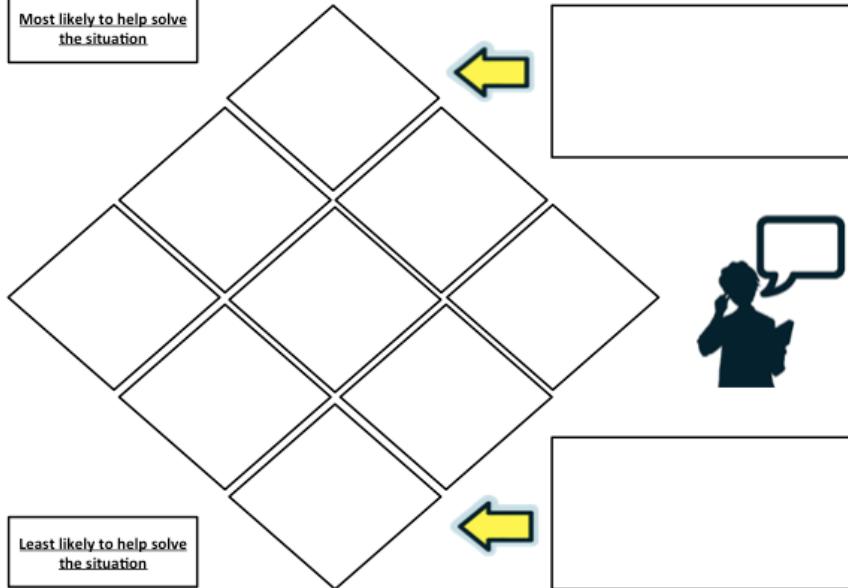
CREATIVE RESOURCES

Diamond Nine: Dealing with homophobia

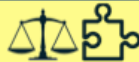
PSHE WORKSHEET

Imagine you are being bullied in school because of your perceived sexuality. What will you do about it?

Most likely to help solve the situation



Least likely to help solve the situation



TASK: Arrange and copy across the statements into the 'Diamond Nine' formation above

Extension: Justify your choices in the two boxes provided on the right.

Accept it and try to live with it

Tell a teacher or an adult in school about it

Confront the bully and tell them to stop

Fight back and retaliate 'An eye for an eye!'

Speak to a friend you trust about it

Ignore it and pretend it didn't happen

Tell a parents / family member what happened

Ask the bully to stop and explain how it makes you feel

Get an older brother, sister or friend to have a word with them!



Stand up!
Short Film

TASK OR CHALLENGE

TASK

Read through the handout and complete the diamond nine activities

CHALLENGE QUESTIONS

- Why are some of the options really bad choices
- What else could you do?
- Does homophobia impact everyone in some way?
- What should schools do to prevent it?

LGBT+ ACTIVITY

CREATIVE RESOURCES

CHALLENGING HOMOPHOBIC COMMENTS

LGBT+ ACTIVITY

Continuum Line

Easiest comments to challenge

Hardest comments to challenge

Cut and stick or copy across the boxes below onto the continuum line in the order you think

✂
"Gay couples cant have children. Its unnatural"

"God made Adam and Eve not Adam and Steve"

"Gay people are perverts and paedophiles"

"Being gay is a choice and you have made the wrong one"

"You are only gay because you want attention"

"My religion says that homosexuality is a sin"

"You're not really gay"

"If the whole world turns gay the population will die out"

"It's unnatural and wrong"

"You will grow out of it soon"

EXTENSION ACTIVITY

TASKS:

Explain why homophobia still exists today?
Is homophobic language common place in your school?
What other ideas can you come up with to tackle homophobia?

TASK OR CHALLENGE

TASK

Read through the handout and complete the continuum activity

CHALLENGE QUESTIONS

- What other comments are often said?
- Why are some comments harder to challenge than others?
- Where do people get their homophobic views from?
- Does religion help or hinder Homosexual people?



LEARNING OUTCOMES



STOP!



Let us review our learning outcomes for this lesson
Knowledge, Skills & Actions

PAIR & SHARE

ASSESSMENT FOR LEARNING

Confidence Checker



AFTER THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT					CONFIDENT			VERY CONFIDENT	
I feel well equipped to challenge homophobic when I see it in school										
I feel well equipped to challenge homophobic when I see it in school										
I feel well equipped to challenge homophobic when I see it in school										



Complete the confidence checker of where you think you are at for this lesson (Discussion or complete sheet)



3 Minutes



I'm not confident at all



I'm getting more confidence



Confident



Very confident



Super confident



IMPORTANT INFORMATION

SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support



IMPORTANT INFORMATION



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

VISIT THE BROOKE WEBSITE <https://www.brook.org.uk/> FOR ADDITIONAL SUPPORT ON SEXUAL HEALTH AND WELLBEING FOR UNDER 25s

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- VISIT lgbt.foundation (advice, support and information)
- CALL 0300 330 0630 (Switchboard.LGBT 10am - 10pm everyday)CALL 04879 568 256 (INFORM)
- <https://www.stonewall.org.uk>



CORE THEME 2

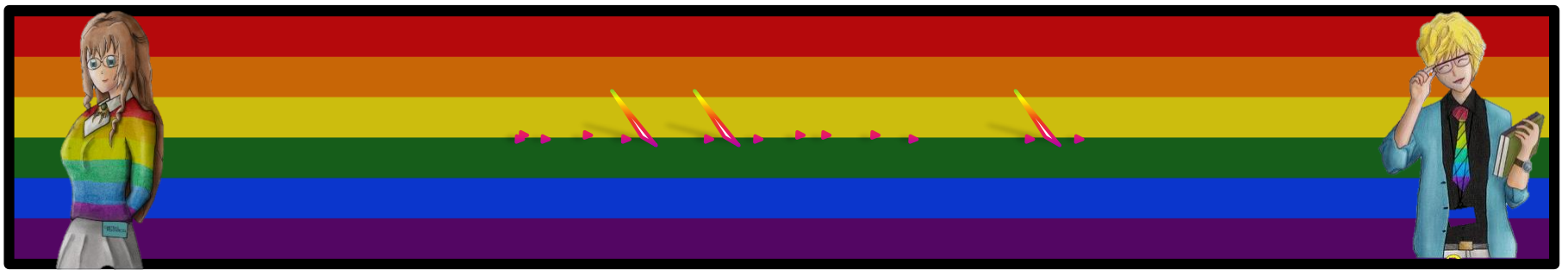
2 Minutes

SIGNPOSTING SUPPORT

HELP & SUPPORT SERVICES

FURTHER INFORMATION





Support for :	Website that offers more advice and support
Asexuality	www.asexuality.org/en/
Bisexuality	www.bisexualindex.org.uk/index.php/BisexualIndexTheUK www.biuk.org/
LGBT	www.stonewall.org.uk www.lgbt.foundation/
Trans	www.transstudent.org/
Gender Queer	www.genderqueerid.com/

REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged was...

Today I have tried to...

Next lesson I would like to..

Before I would have done... Now I will ...

Before I would have said ... but now I will say...

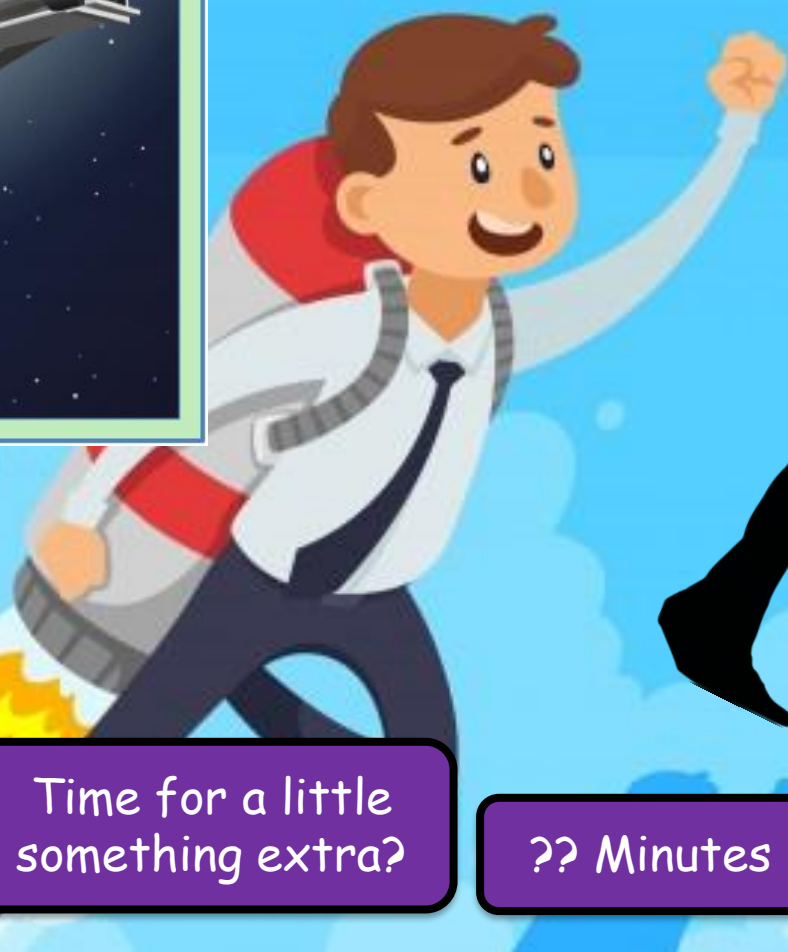
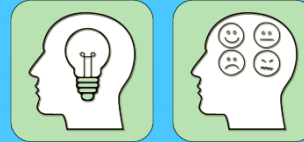
A problem I overcame today was...

2 Minutes



REFER TO MINDFULNESS

➤➤➤ POWERPOINT



Time for a little something extra?

?? Minutes

